



April 2010

Circle of Care Leeza's Place-CoCLP

5000 Van Nuys Blvd. Su. 110, Sherman Oaks, CA 91403

818-817-3259 - selkins@leezasplace.org - www.leezasplace.org

Italics-Community Programs not held at COCLP

| Sun | Monday | Tuesday | Wednesday | Thursday | Friday | Sat. |
|---|--|---|---|--|---|------|
| | | | | 1 10:30 am-12 pm Early Memory Loss Support Group | 2 10 am-12 pm Autobiographical Scrapbooking | 3 |
| 4 | 5 10:30 am-12 pm Caregiver Bereavement Support Group 1:30-3:30 pm Memory Fitness | 6 11 am-12:30 pm Tone Up Tuesdays (Basic) 1-2 pm Tone Up (Beg/Inter.) 2:15-4:15pm Individuals Computer Class (RSVP) 6-7:30 pm Caregiver Support Group/Respite | 7 10:00 am-12 pm Memory Screening (by appt) | 8 10:30 am-12 pm Early Memory Loss Support Group 2-3:30 pm Parkinson's & Movement Disorder Support Group 4-5 pm Caregiver Grief 6:15-7:45 pm Caregiver Support Group. | 9 10 am-12 pm Autobiographical Scrapbooking | 10 |
| 11 | 12 1:30-3:30 pm Memory Fitness | 13 11 am-12:30 pm Tone Up Tuesdays (Basic) 1-2 pm Tone Up (Beg/Inter.) 2:15-4:15pm Individuals Computer Class (RSVP) | 14 10:30 am-12 pm Caregiver Support Group/Respite | 15 10:30 am-12 pm Early Memory Loss Support Group 2 pm-4 pm NEW-Knitting Circle | 16 10 am-12 pm Autobiographical Scrapbooking | 17 |
| 18 <i>APDA Parkinson's Beach Brigade in Santa Monica</i> | 19 No Bereavement Group 1:30-3:30 pm Memory Fitness | 20 11 am-12:30 pm Tone Up Tuesdays (Basic) 1-2 pm Tone Up (Beg/Inter.) 2:15-4:15pm Individuals Computer Class (RSVP) 6-7:30 pm Caregiver Support Group/Respite | 21 10:30 am-12 pm Caregiver Support Group/Respite(1xmonth) <i>All Day Alzheimer's Assoc. Advocacy Day In Sacramento</i> | 22 10:30 am-12 pm Early Memory Loss Support Group 1-2:30 pm Parkinson's & Movement Disorder Support Group 6:15-7:45 pm Caregiver Support Group. | 23 10 am-12 pm Autobiographical Scrapbooking | 24 |
| 25 | 26 1:30-3:30 pm Memory Fitness | 27 11 am-12:30 pm Tone Up Tuesdays (Basic) 1-2 pm Tone Up (Beg/Inter.) 6:30-8:30pm Families w/adult children with developmental disabilities support group. | 28 10:30 am-12 pm Caregiver Support Group/Respite | 29 10:30 am-12 pm Early Memory Loss Support Group | 30 10 am-12 pm Autobiographical Scrapbooking | |